

# WHY CHOOSE US?

Our goal is to provide an atmosphere where exceptional care and healing can take place. While in our care, you'll find:

- ✓ Excellence in service
- ✓ Expert physicians and staff trained in the latest vascular techniques
- ✓ Efficient and timely collaboration with your health care team
- ✓ Industry leading technology and care in an expeditious, more affordable outpatient setting
- ✓ A comfortable environment conducive to your healing and restoration

# WHATEVER YOUR NEEDS, YOUR HEALTH IS OUR PRIORITY



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# UNDERSTANDING THE DETECTION, DIAGNOSIS, AND TREATMENT OF PERIPHERAL ARTERIAL DISEASE (PAD)



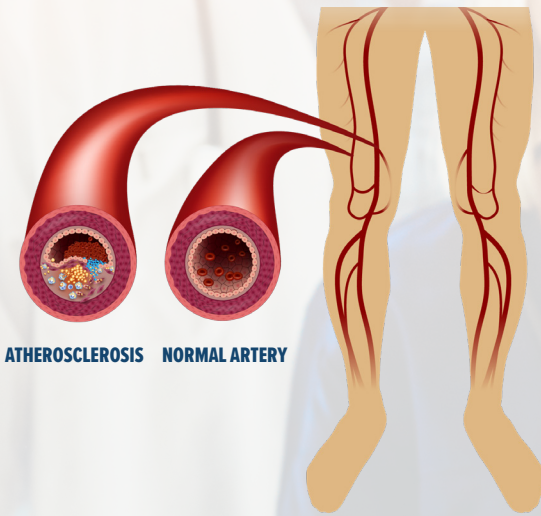
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# What Is PAD?

Peripheral arterial disease, otherwise known as “PAD” or atherosclerosis, is a commonly occurring circulatory problem wherein narrowed arteries limit blood flow to a patient’s limbs.

Specifically, the disease develops when deposits of fat (sometimes referred to as “plaque”) build up within one’s arteries, slowly narrowing and clogging blood flow to the legs and pelvic region.



## What Are The Symptoms Of PAD?

In its early stages, patients with PAD may be asymptomatic. However, as the disease progresses, patients with PAD may experience:

- Pain that emerges during exercise and subsides with rest, otherwise known as “claudication”
- Persistent sores
- Leg numbness
- Change in skin color and texture on the legs
- And more

# What Are PAD Risk Factors?

Patients may be at an increased risk for developing PAD if they:

- ✓ **Live a sedentary lifestyle or otherwise do not get much exercise**
- ✓ **Are overweight/obese**
- ✓ **Are a smoker**
- ✓ **Are 50 years old or older**
- ✓ **Have diabetes**
- ✓ **Have high cholesterol**
- ✓ **Have high blood pressure**
- ✓ **Have a family or personal history of heart attacks, strokes, or PAD**

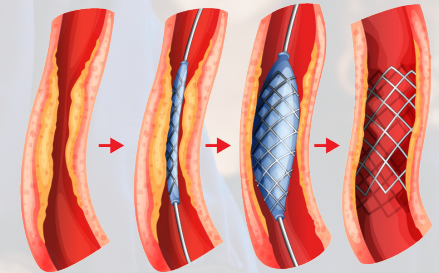
According to the Centers for Disease Control (CDC), approximately 6.5 million people over the age of 40 in the United States have PAD. Moreover, PAD is reported to be the leading cause of disability in patients that are 50 years of age and older.

# How Is PAD Diagnosed & Treated?

PAD is easily diagnosed by non-invasive tests, such as QuantaFlo™ Testing, which measures and compares the rate of blood flow between a patients’ arms and legs.

If a patient is asymptomatic, or presents no symptoms, changing their lifestyle and habits — for instance, quitting smoking, losing weight, or implementing regular exercise — may mitigate the further progression of PAD and its symptoms.

That being said, PAD can be treated with a procedure called angioplasty. This treatment relieves the pain of claudication in the afflicted arteries.



## Next Steps

If you have further questions about PAD — or believe you may be at risk for developing PAD — please contact us today to schedule a free screening.

Our physicians and staff have a rich history of excellence when it comes to diagnosing and treating patients with PAD. In most cases, treatments may be comfortably and efficiently performed in our outpatient office.